

GDC Thannamandi organises door to door cleanliness cum awareness campaign



Students along with locals during the event.

■ STATE TIMES NEWS

THANNAMANDI: NSS unit of Govt. Degree College Thannamandi organised a week long door to door cleanliness awareness campaign implementing Clean India Programme under the aegis of Azadi Ka Amrut

Mahotsav. The awareness campaign was carried out from 4th of December 2021 to 10th of December 2021 in village Hasplote Thannamandi Ward No. 04. About 45 NSS Volunteers participated in this Awareness campaign relat-

ed to Solid Waste management, its proper disposal and various other issues related to Cleanliness. The whole Programme was conducted under the patronage of Principal of the college Prof. (Dr.) Javaid Ahmed Qazi.

The NSS Volunteers motivated the local community people to take part in cleanliness drives organized by Clean India programme. The Prime objective of this programme was to spread awareness among the people regarding cleanliness. The Awareness Campaign was organised by NSS Programme Officer Prof. Muhammad Shoket.

GDC Thannamandi organized week long door to door Cleanliness Awareness campaign

IMRAN KHAN
RAJOURI, DEC 10

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GDC Thannamandi organises Online Extension Lecture on "Health and Hygiene" under Swastha Balak-Balika Spardha



SREE TIMES NEWS
IMRAN KHAN
RAJOURI, JAN 10

NSS Unit of GDC Thannamandi Organizes Online Extension Lecture on "Health and Hygiene" under Swastha Balak-Balika Spardha. The programme

was conducted under the patronage of Principal of the college Prof. (Dr.) Javaid Ahmed Qazi. The invited speaker on this occasion was Prof. Raheela Mushtaq HoD Zoology. Prof. Muhammad Shoket NSS Programme Officer welcomed the participants. While speaking on the occasion

Prof. Raheela thoroughly explained regarding good health and hygiene through Power Point Presentation. She talked about various determinants of health and the role of education and literacy for maintaining good health and hygiene. She also enlightened the participants regarding Home hygiene, respiratory hygiene and Medical hygiene which is of immense importance in this wave of COVID-19. Almost all the faculty members and a good number of students have attended the online extension lecture. The formal Vote of thanks was presented by Ms. Ishrat Javaid NSS Head Girl.

GDC Thannamandi organizes a Symposium on "National Girl Child Day"

SREE TIMES NEWS
IMRAN KHAN
RAJOURI, JAN 24

NSS Unit of GDC Thannamandi in collaboration with Women Development Cell of the college organized a symposium on the theme "Save the girl Child". The online programme was organized under the patronage of Principal of the college Prof. (Dr.) Javaid Ahmed Qazi. A good number of students participated in the online symposium. It is a high time to broaden our mindset and address this issue effectively. Life is beautiful and set is full filled by our mother, sister, wife and daughter "Girls are the spirit of our Nation. Save

them and stop their exploitation. Let our daughter grow, be her friend not her foe". Prof. Muhammad Shoket NSS Programme Officer welcomed the participants.

The judges of the event were Dr. Nahiem-Un-Nisa HoD Arabic, Dr. Shokit Ali HoD Urdu and Mr. Waqar Ahmed Gorski chief Librarian. In the symposium competition Mr. Rajab-ul-Sadiq of BSc. sem. 1st secured first position where as Ms. Maheem of Sem 5th scored second position and Ms. Sobia Kossier of sem. 3rd bagged third position. The programme was concluded by formal vote of thanks presented by Dr. Nahiem-Un-Nisa convener Women Development Cell.

GDC Thannamandi concludes NSS Seven Days Winter Camp



SREE TIMES NEWS
IMRAN KHAN
RAJOURI, JAN 1

NSS Unit of GDC Thannamandi concluded 07 days winter camp by conducting valedictory function. Principal of the college Prof. (Dr.) Javaid Ahmed Qazi presided over the function. The chief guest of the occasion was Tehsildar Thannamandi Sh. Sayed Sahil Ali Shah. While addressing the Volunteers he advised them to work with zeal and dedication for a successful Career. The camp was conducted from 24-12-2021 to 31-12-2021. The NSS Volunteers participated with great enthusiasm in the week long winter camp. In this winter camp a number of activities were organized viz Cleanliness drive in college campus, Awareness Campaign regarding Health and Hygiene, Beautification

of college campus and Essay writing Competition on Drug Addiction etc. In the valedictory function volunteers performed various cultural activities and a skit on "Women Empowerment". Speaking on the occasion Principal of the college lauded the efforts of the NSS Unit for efficiently completing the task assigned to them. On this occasion mementos were distributed among the volunteers who secured positions in different activities conducted throughout the camp. The proceeding of the programme was conducted by Ms. Ishrat Javaid Head Girl NSS and Mr. Adil Rauf Khan Head Boy NSS. The formal welcome address was presented by Prof. Muhammad Shoket NSS Programme Officer and Vote of Thanks was presented by Mr. Adil Rauf Khan Head Boy.

GDC Thannamandi observes "Shaheed Diwas"

IMRAN KHAN | MAR 22
NW CORRESPONDENT
RAJOURI | MAR 23

NSS unit of Government Degree College Thannamandi Observes "Shaheed Diwas under the aegis of Azadi Ka Amrit Mahotsava to pay tribute to the martyrs. This day has a very important significance in the Indian freedom struggle. The whole event was organized under the patronage of Principal of the college Prof. (Dr.) Javaid Ahmed Qazi. A symposium was organized in which several students participated. The proceeding of the programme was conducted by Mr. Adil Raouf Khan NSS Head Boy. A skit was also presented by NSS Volunteers which was

based on the bravery and sacrifice laid down by Shaheed-e-Azam Bhagat Singh.

The judges of the event were Dr. Nahim-Un-Nisa, Prof. Mukaddus Kariem and Waqar Gors Chief Librarian. Among these participants Mr. Rajab-Ul-Sadeeq secured 1st position, Ms. Saina Jabeen clinched Second Position and Ms. Saiba Kossier secured 3rd Position. Almost all the faculty members and a good number of students participated in the event. The Programme was Coordinated and organized by Prof. Raheela Mushtaq HOD Zoology and Prof. Muhammad Shoket NSS Programme Officer.



جی ڈی سی تھنہ منڈی نے پوٹن ابھیان کے تحت صحت اور غذائیت سے متعلق بیداری مہم کا انعقاد کیا

لازوال ڈیسک



پھلوں، سبزیوں، اناج، اور چکنائی سے پاک یا کم چکنائی والے دودھ کی مصنوعات پر زور دیں۔ پروگرام کا اہتمام پروفیسر محمد شوکت این ایس ایس پروگرام آفیسر نے کیا۔

اپنی خوراک میں غذائی اجزاء کا صحیح توازن نہیں رکھتے ہیں، تو ان کی صحت کی بعض حالتوں میں پتلا ہونے کا خطرہ بڑھ جاتا ہے۔ وہیں رضا کاروں نے ان سے کہا کہ مناسب متوازن غذا کے لیے

راجوری راجی ڈی سی تھنہ منڈی کے این ایس ایس یونٹ نے پوٹن ابھیان کے تحت صحت اور غذائیت کے بارے میں تھنہ منڈی کے گود لیے گئے گاؤں ہسپتال میں ایک بیداری مہم کا اہتمام کیا۔ اس پروگرام کا بنیادی مقصد صحت اور متوازن خوراک کی اہمیت کے بارے میں عام لوگوں کو متحرک اور بیدار کرنا تھا۔ وہیں پروگرام کا انعقاد کالج کے پرنسپل پروفیسر (ڈاکٹر) جاوید احمد قاضی کی سرپرستی میں ہوا۔ اس بیداری مہم میں بڑی تعداد میں این ایس ایس ایس رضا کاروں نے حصہ لیا اور عام لوگوں کو بھی آگاہ کیا۔ انہوں نے کہا کہ اگر لوگ

GDC Thannamandi organises workshop on Yoga

■ STATE TIMES NEWS

THANNAMANDI: NSS unit of GDC Thannamandi organised a workshop on Yoga and Wellness. The programme was conducted under the patronage of Principal of the college Prof.



Students performing Yoga during the event.

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(Dr.) Javaid Ahmed Qazi. Various NSS Volunteers participated in the programme & performed various Yoga Asanas & Pranayama. Dr. Ibrahim Lone Physical Director of the college highlighted about the importance of Yoga from time immemori-

al & stressed on its relevance in today's busy anxiety filled life. He further encouraged the students to make Yoga as part of their everyday practice. The programme was organized by Prof. Muhammad Shoket NSS Programme Officer.



GDC Thannamandi concludes Week long Digital Celebration



STATE TIMES NEWS
IMRAN KHAN
RAJOURI, AUG 2

NSS Unit of GDC Thannamandi under the aegis of Azadi Ka Amrut Mahotsav today concluded week long activities on "Digital Celebration". The whole Programme was conducted under the guidance of Principal of the college Dr. Nahim-Un-Nisa.

On Day 1st a poster making competition on the theme "Digital Jammu and Kashmir" was organized. The students of different

semesters participated in the event and prepared highly appreciative posters related to the theme. On Day 2nd an online quiz competition was organized on theme "Digital Initiative in Jammu and Kashmir" various NSS Volunteers and students participated in the quiz. On Day 3rd a Debate Competition on the topic 'IMPACT OF DIGITALIZATION IN J&K' was organized. Many participants from different semesters of the college actively participated in the competition and put forth their viewpoints on the topic.

On Day 4th an 'Awareness Lecture' on the theme "Digital Jammu and Kashmir" was organized. Mr. Abdul Waris lecturer of Computer Applications GDC thannamandi delivered a talk on the topic "Impact of Digitalization on Day to Day Life".

On Day 5th a painting competition was organized in the college in which various students of the college participated and depicted their thoughts and expression regarding Digital Initiatives. On Day 6th a Documentary Screening for the students showing the positive and negative impacts of digitalization was organized. The aim of showing this documentary to the students was to generate awareness regarding digital hygiene. Appreciation certificates were awarded among the toppers. The event was organized by Prof. Muhammad Shoket NSS Programme Officer.

گورنمنٹ ڈگری کالج تھنہ منڈی نے SVEEP مہم کا اہتمام کیا

لازوال ڈیسک
تھنہ منڈی حکومت
کا NSS یونٹ
ڈگری کالج تھنہ
منڈی، کالج کے
پرنسپل ڈاکٹر فاروق
احمد کی سرپرستی میں
آج سسٹمک ووٹر
ایجوکیشن الیکٹورل
پارٹسپیشن
(SVEEP)



پروگرام کے تحت ایک بیداری سرگرمی کا انعقاد کیا۔ اس تقریب کا انعقاد ضلع الیکشن آفیسر راجوری کی ہدایت پر نوجوان اہل رائے دہندگان کو ووٹر لسٹ میں ان کے اندراج کے بارے میں شعور اور بیداری کے لیے کیا گیا تھا۔ اس تناظر میں چیف الیکٹورل آفیسر، بے اینڈ کے کی سفارش کے مطابق ایک مختصر قلم کالج کے سمارٹ روم میں دکھائی گئی۔ تقریب کا آغاز این ایس ایس کے پروگرام آفیسر پروفیسر محمد شوکت کے خطبہ استقبالیہ سے ہوا۔ قلم کی نمائش 11 بجے شروع کی گئی۔ ڈاکٹر شازیہ آفتاب بیکچر آف پولیٹیکل سائنس نے پروگرام میں بڑھ چڑھ کر حصہ لیا۔ انہوں نے طلباء اور رضا کاروں کو بھی آگاہ کیا کہ وہ 18 سال کی عمر کو پہنچنے والے الیکٹر کے طور پر اپنا اندراج کرائیں۔ تقریب میں تقریباً 45 طلباء اور 16 فیکلٹی ممبران نے شرکت کی۔ تقریب کے ہموار انعقاد کے لیے تکنیکی معاونت طاہر ندیم، اسٹنٹ پروفیسر، شعبہ ایلائیڈ میڈیٹھ میٹکس اور عبدالوارث، بیکچر، شعبہ کمپیوٹر اپیلی کیشنز نے فراہم کی۔ تقریب کا اختتام ڈاکٹر الطاف احمد، اسٹنٹ پروفیسر، اور شعبہ کیمسٹری کے شکر یہ کے رسمی کلمات کے ساتھ ہوا۔

’ہنگی‘، پرایک سمپوزیم کا انعقاد کیا سے بابائے قوم کی تعلیمات پر روشنی ڈالی



ٹائیک اور سمسٹر 2 کے مسٹر رجب الصدیق نے دوسری
ی حاصل کی جبکہ سمسٹر 1 کی محترمہ نوشین قریشی نے تیسری
ی حاصل کی۔ پروگرام کی کارروائی محترمہ سائرہ بھٹنڈ نے
جس کا باقاعدہ شکریہ پروفیسر رومی ڈار نے پیش کیا۔
م کا اہتمام پروفیسر محمد شوکت این ایس ایس پروگرام آفیسر



degree college
THANAMANDI
Wednesday, 19 October, 2022
11:43:21.952
33°54'N 74°36'E
1398.6m Altitude



Govt. Degree College Thannamandi celebrates "National Constitution Day"



SREE TIMES NEWS
IMRAN KHAN
RAJOURI, NOV 27

NSS Unit of Govt. Degree College Thannamandi in collaboration with Department of Political Science celebrates "National Constitution Day". The programme was conducted under the patronage of Principal of the college Prof. (Dr.) Farooq

Ahmed. The event was started with the pledge on "Preamble of India". All the faculty members and a large number of students took the pledge. After that a seminar was organized on the topic "India the Mother of Democracy".

A total number of Five NSS volunteers participated in the seminar. The proceeding of the programme was conducted by Ms. Saira

Bhat, NSS Volunteer. The welcome address was presented by Ms. Shazia Aftab Lecturer in Political science. Principal of the College Dr. Farooq Ahmed addressed the students and highlighted the importance of Indian Constitution. He also encouraged the students to follow the constitution by heart and to become a responsible citizen of the country.

The judges of the event were Dr. Nahim-Un-Nisa HoD Arabic, Dr. Khalid Rayaz HoD Geography and Dr. Altaf Ahmed, Department of Chemistry. Mr. Rajab-Ul-Sadeeq of B.A Semester 3rd secured 1st Position, Ms. Rabia Dar of BSc. Semester 1st secured 2nd Position and Ms. Reeba Chowdhary of B.A Semester 1st secured 3rd Position. The programme was concluded by Prof. Muhammad Shoket NSS Programme Officer by presenting formal vote of thanks.

